

# FEBRUARY 2020 INFANT LUNCH MENU 1130-0001

6-12 months

Monday

Tuesday

Wednesday

Thursday

Friday

3	4	5	6	7
Breast Milk or Iron-fortified formula Ground Chicken Breast Homemade Vege Soup Peaches	Breast Milk or Iron-fortified formula Pinto Beans Green Beans Mixed Fruit	Breast Milk or Iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or Iron-fortified formula Ground Turkey Yams Applesauce	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks(cut small pieces), Beans Pears
10	11	12	13	14
Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	Breast Milk or Iron-fortified formula Pinto Beans Broccoli Pears	Breast Milk or Iron-fortified formula Ground Turkey Breast Cooked Carrots Applesauce	Breast Milk or Iron-fortified formula Ground Turkey Yams Banana	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks(cut small pieces), Peas Mixed Fruit
17	18	19	20	21
Breast Milk or Iron-fortified formula Ground Chicken Breast Broccoli Mixed Fruit	Breast Milk or Iron-fortified formula Pinto Beans Peas Peaches	Breast Milk or Iron-fortified formula Ground Chicken Breast Baked Beans Pears	Breast Milk or Iron-fortified formula Ground Turkey Peas Banana	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks(cut small pieces), Peas Fruit Salad
24	25	26	27	28
Breast Milk or Iron-fortified formula Ground Chicken Breast Yams Pears	Breast Milk or Iron-fortified formula Pinto Beans Green Beans Bananas	Breast Milk or Iron-fortified formula Ground Chicken Breast Peas Mixed Fruit	Breast Milk or Iron-fortified formula Ground Turkey Homemade Vege Soup Peaches	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks(cut small pieces), Peas Pears

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.